

# Massachusetts Fire Training Council

## Firefighter Practical Certification Examination

|  |           |                 |                  |          |
|--|-----------|-----------------|------------------|----------|
| Skill Sheet No.                            | FF-I- 103 | 07-01-06        | Candidate Number |          |
| Skill Title: DON SCBA-OVER-THE-HEAD METHOD |           |                 |                  |          |
| NFPA Objective:                            | 5.3.1 (B) | Minimum to pass | 14               |          |
| PERFORMANCE:                               |           |                 |                  | P      F |

|  |     |  |  |  |  |  |
|--|-----|--|--|--|--|--|
|  | 1.  | Crouch or kneel at end of SCBA opposite cylinder valve.  |  |  |  |  |
|  | 2.  | Check cylinder gauge and determine if full.<br>(90% or above-2216 psi= 1994/4500 psi=4050)   |  |  |  |  |
|  | 3.  | Open cylinder valve to its maximum. Low air alarm must sound.  |  |  |  |  |
|  | 4.  | Check regulator gauge.<br>(Difference between cylinder and regulator gauge shall not exceed 100 psi)   |  |  |  |  |
|  | 5.  | Grasp backplate/cylinder assembly with both hands.   |  |  |  |  |
|  | 6.  | Raise backplate/cylinder assembly over head.   |  |  |  |  |
|  | 7.  | Place and balance backplate/cylinder assembly on upper back.   |  |  |  |  |
|  | 8.  | Connect necessary buckles and adjust underarm straps until snug.   |  |  |  |  |
|  | 9.  | Connect waist strap and adjust until snug.   |  |  |  |  |
|  | 10. | Don facepiece.   |  |  |  |  |
|  | 11. | Perform facepiece fit test. Adjust straps if needed.   |  |  |  |  |
|  | 12. | Properly don protective hood, if required, completely covering head and shoulder.  |  |  |  |  |
|  | 13. | Don helmet with ear covers down.   |  |  |  |  |
|  | 14. | Connect and adjust chin strap under chin and not facepiece.  |  |  |  |  |
|  | 15. | Connect facepiece to regulator.<br>(Activate positive pressure if so equipped.)  |  |  |  |  |
|  | 16. | Activate PASS device, if not integrated.   |  |  |  |  |
|  | 17. | Don gloves.  |  |  |  |  |
|  | 18. | All Personal Protective Equipment is properly worn.  |  |  |  |  |
|  | 19. | Completes within one minute.*  |  |  |  |  |
|  |     |  |  |  |  |  |
|  |     | *NOTE: Timing of this skill will begin when the examiner states “please begin” and will stop when the candidate takes his/her first positive pressure breath from a properly sealed facepiece. |  |  |  |  |
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■ Failure of this critical portion is cause for entire skill failure

Examiner Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_